# 1. Clinical Consequences of Stroke

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Cerebrovascular disorders represent the third leading cause of mortality and the second major cause of long-term disability in North America (Delaney and Potter 1993). The impairments associated with a stroke exhibit a wide diversity of clinical signs and symptoms. Disability, which is multifactorial in its determination, varies according to the degree of neurological recovery, the site of the lesion, the patient's premorbid status and the environmental support system.

## 1.1 Localization of the Stroke

One of the first tasks in the neurologic diagnosis of stroke is localization of the lesion. Certain types of strokes tend to occur in specific areas; for instance, lacunar infarcts occur most often in subcortical regions (Dombovy et al. 1991). The most common presentation of a stroke patient requiring rehabilitation is contralateral hemiparesis or hemiplegia. Other neurological manifestations will vary depending upon the side of the stroke lesion and whether the stroke occurs in the cerebral hemispheres or the brainstem. The arterial territory affected will determine the clinical manifestations; hence, localization of a stroke is often described in such terms.

The clinical consequences of stroke are best classified based upon the anatomical regions(s) of the brain affected. This is best understood by dividing the brain into: 1) the cerebral hemispheres, where all but the posterior hemispheres are supplied by the carotid or anterior circulation, left and right side, and 2) the brain stem and posterior hemispheres (which are supplied by the vertebral basilar or posterior circulation). There is a large degree of specialization within the brain with different neurologic functions divided amongst the two hemispheres and the brainstem. The clinical picture of a stroke depends upon which specialized centers have been damaged with subsequent loss of the specialized neurological function they control. However, this schematic view of the brain is in many ways too simplistic. Brain functioning occurs in an integrated fashion. Even a simple activity, such as bending over to pick up an object, requires the integrated function of the entire central nervous system. When damage occurs in one region of the brain, not only are those specialized centers associated with the impaired region affected, but also the entire brain suffers from loss of input from the injured part.

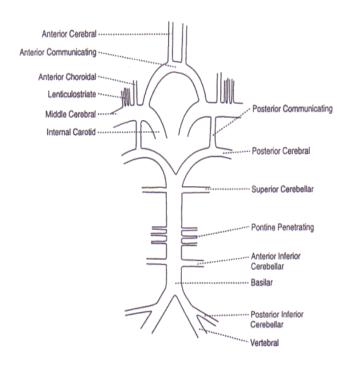
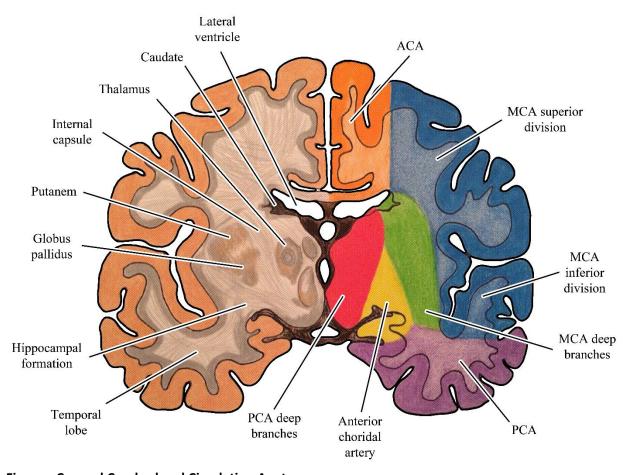


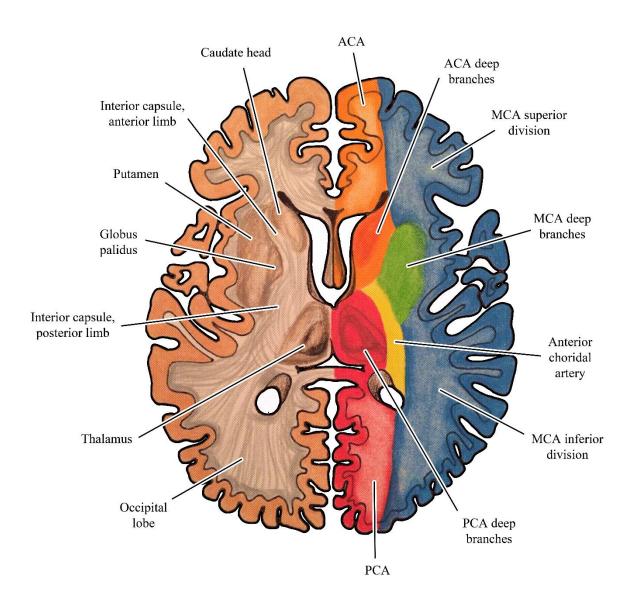
Figure. Arterial Blood Supply to the Brain (Circle of Willis). This can be divided into the carotid/anterior circulation and the posterior/vertebral-basilar circulation.

## 1.2 Cerebral Hemispheres (Carotid/Anterior Circulation)

A stroke in this vascular distribution often results in contralateral paralysis or weakness (hemiparesis/hemiplegia), sensory loss and visual field loss (homonymous hemianopsia) (Adams et al. 1997). Middle cerebral artery involvement is very common while anterior cerebral artery strokes are less common (Teasell 1998). The middle cerebral artery covers two-thirds of the medial surface of the cerebral hemisphere (Kiernan 1998, Scremin 2004). This vascular territory includes the medial aspect of the frontal and parietal lobes, the anterior half of the internal capsule, the anterior inferior head of the caudate, and the anterior four fifths of the corpus callosum. The territory also includes the supplementary motor area and the primary motor and sensory areas for the contralateral lower extremity.



Firgure. Coronal Cerebral and Circulation Anatomy



**Figure. Cerebral and Circulation Anatomy** 

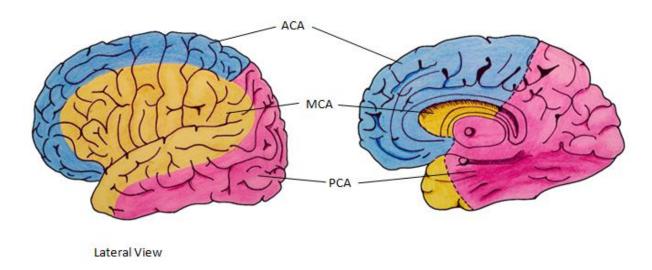


Figure. Vascular territories of anterior, middle and posterior cerebral arteries.

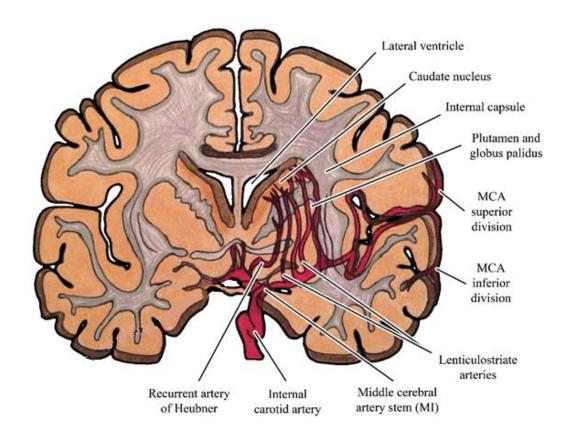


Figure. Circulation Coronal view Cerebral Hemisphere Internal Carotid Artery, MCA and Penetrating Arteries.

#### 1.2.1 Anterior Cerebral Artery (ACA)

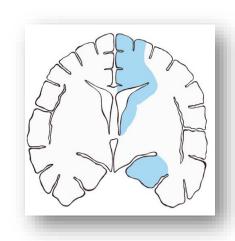
The ACA supplies the anterior and upper aspects of the cerebral hemispheres. Infarctions involving the ACA territory account for less than 3% of all strokes (Bogousslavsky and Regli 1990, Gacs et al. 1983, Kazui et al. 1993, Kumral et al. 2002). The Circle of Willis may compensate for lesions proximal to the anterior communicating arteries.

Infarctions of the ACA may present with the following clinical features:

- Contralateral weakness/sensory loss, affecting distal contralateral leg more than upper extremity
- Mutism (Abulia)
- Urinary incontinence
- Contralateral grasp reflex and paratonic rigidity
- Transcortical motor aphasia (on left)
- Gait apraxia

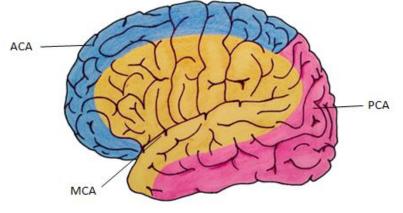
#### Occlusions of the ACA

Distal occlusions	Weakness of the opposite leg and a contralateral cortical sensory deficit, most marked in the leg.
Bilateral lesions	Incontinence, abulia or slow mentation and the appearance of primitive reflexes.
Proximal occlusion	All of the above signs plus facial and proximal arm weakness and frontal apraxia, with left side involvement.
Interruption of Commissural Fibers (between frontal lobes)	Sympathetic apraxia of the left arm, right motor paresis.



## 1.2.2 Middle Cerebral Artery (MCA)

Cortical branches of the MCA supply 2/3 of the lateral surface of the hemisphere as well as the temporal pole (Kiernan 1998, Scremin 2004). Important areas of neurological specialization within the MCA territory include the primary motor and sensory areas for the face and upper extremity as well as Broca's and Wernicke's language areas in the dominant hemisphere. An infarction in the MCA territory is the most common site of cerebral ischemia (Adams et al.



1997). In North America, the etiology of this infarction is either embolic or atherothrombotic (Adams et al. 1997). An atherothrombotic infarction of the internal carotid artery invariably presents with symptoms predominantly in the MCA territory. Unlike strokes involving the ACA, there is greater facial and upper

extremity involvement (Adams et al. 1997). Additional clinical signs and symptoms occur depending on whether the right or left hemisphere is involved.

Infarctions of the MCA may present with the following clinical features:

- Contralateral hemiparesis/hemiplegia
- Contralateral sensory loss
- Contralateral homonymous hemianopsia
- · Left hemispheric: Aphasia
- Right hemispheric: Visual perceptual deficits including left neglect

Middle Cerebral Artery is divided into 2 main divisions – superior (M1) and inferior (M2)

## **Superior Division Involvement**

- Contralateral hemiparesis/ hemiplegia
- Contralateral sensory loss
- · Left hemispheric: Expressive aphasia
- · Right hemispheric: Visual perceptual disorders

#### **Inferior Division Involvement**

- · Superior quantrantonopsia or homonymous hemianopsia
- Left hemispheric: Wernicke's aphasia
- · Right hemispheric: Left visual neglect

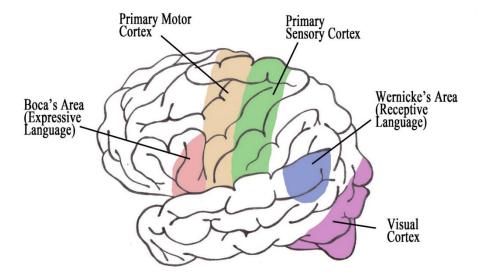


Figure. Areas of the cerebral cortex associated with specific functions.

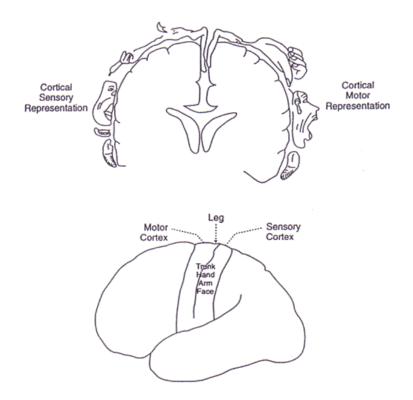


Figure. Representation of the body over the primary motor and sensory cortex. This explains greater arm involvement in a middle cerebral artery occlusion and greater leg involvement in an anterior cerebral artery occlusion.

## 1.2.3 Right vs. Left Hemispheric Lesions

Each hemisphere is responsible for initiating motor activity and receiving sensory information from the opposite side of the body. However, as mentioned previously, each hemisphere has a large degree of specialization. Despite this specialization, normal thinking and carrying out of activities requires the integrated function of both hemispheres, neither of which is truly dominant over the other. Many stroke patients have diffuse cerebrovascular disease and other conditions resulting in impaired cerebral circulation. While there may be one major area of infarction, there may be other areas of ischemic damage located throughout the hemispheres that may complicate the clinical presentation.

# 1.3 Right Hemisphere Disorders

The right hemisphere mediates learned behaviors that require voluntary initiation, planning and spatial perceptual judgement. Clinical signs and symptoms of right hemispheric strokes include visual-spatial perceptual deficits, emotional disorders and subtle communication problems.

#### 1.3.1 Visual Spatial Perceptual Disorders

The right hemisphere is dominant for visuospatial orientation, constructional praxis and judgement in over 90% of the population (Delaney and Potter 1993). Therefore, in a right hemisphere middle cerebral infarct, visual-spatial perceptual disorders include left-sided neglect, figure ground disorientation, constructional apraxia and astereognosis (the later seen with left hemisphere disorders). The most commonly seen visual-perceptual spatial problem is the unilateral neglect syndrome.

#### **Unilateral Spatial Neglect (USN)**

USN a defined as a failure to report, respond, or orient to sensory stimuli presented to the side contralateral to the stroke lesion. More obvious forms of neglect involve colliding with environment on involved side, ignoring food on one side of plate, and attending to only one side of body. More subtle forms are more common, more apparent during high levels of activity such as driving, work, or interacting with others.

Milder degrees of neglect involves various degrees of ignoring the affected side when faced with stimulation on the unaffected side (extinction). USN is found in about 23% of stroke patients. USN is more common in patients with right sided lesions (42%) than left sided lesions (8%) and is more persistent with right sided strokes.

Neuroanatomical studies have found the left hemisphere modulates arousal and attention for the right visual field while the right hemisphere controlled attention for both right and left visual fields so an intact right hemisphere is able to compensate (see below), whereas the left hemisphere is not able to compensate. Kwasnica (2002) has noted that the incidence of unilateral neglect in patients with acute right hemispheric stroke varies between 22%-46% (Pederson et al 1997, Hier et al. 1983a). Acutely following a large right MCA infarct, neglect is characterized by head and eye deviation to the left. Kwasnica (2002) noted that, "they often do not orient to people approaching them from the contralateral side (Rafal 1994). Patient may be noted not to dress the contralateral side of the body, or shave the contralateral side of the face. Some may fail to eat food on the contralateral side of their plates, unaware of the food they have left (Mesulam 1985)."

Recovery of UNS is common; most recovery occurs in the first 6 months and later recovery less common. USN is associated with negative prognosis for functional outcome, poorer mobility, longer LOS in rehab, and slower rates of improvement. Chronically, it is much less common to see significant unilateral neglect following stroke (Kwasnica 2000). Kwasnica (2000) noted that, "Hier et al. (1983b) studied the recovery of behavioral abnormalities after right hemispheric stroke. He found that neglect, as measured by failure to spontaneously attend to stimuli on the left, had a median time to recovery of nine weeks; approximately 90% of the patients recovered by 20 weeks. He also measured unilateral spatial neglect, scored from a drawing task; 70% of patients recovered in 15 weeks. In chronic stroke patients unilateral neglect is usually subtle and may only be seen when competing stimuli are present, such as a busy therapy gym where patients may find it difficult to direct their attention to a therapist on their left side" (Kwasnica 2000).

## Why is Left Sided Neglect More Common than Right Sided Neglect?

The right hemisphere regulates attention more than the left hemisphere. The left hemisphere is responsible for modulating attention and arousal for the right visual field only, while the right hemisphere is responsible for controlling these processes in both the right and left hemispheres. Hence the right hemisphere is more able to compensate for the left hemisphere, when it suffers a stroke, while the left hemisphere is not able to compensate for the right hemisphere if it is injured in a stroke.

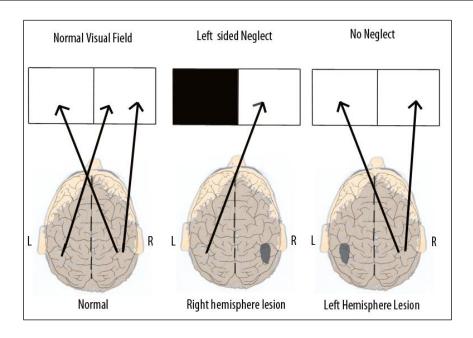


Figure. Regulation of Attention by Cerebral Hemisphere

## Anosognosia

Anosognosia refers to an unawareness of the loss of an important bodily function, primarily hemiplegia. It is primarily seen following large right hemispheric strokes which involve the parietal region. Kwasnica (2002) notes that, "anosognosia is another behavioral abnormality that occurs in patients with unilateral neglect. The term refers to a lack of knowledge or awareness of disability. These patients can fail to notice their contralesional limbs, whether or not they are hemiparetic. They also frequently deny their hemiplegia or minimize its impact on their functional status. In the extreme, they may deny ownership of the hemiparetic limb (Myer 1999). This exists in as much as 36% of patients with right hemisphere strokes (Hier et al. 1983a)". Hier et al. (1983) found that after right hemispheric lesions, recovery from unilateral neglect and anosognosia was the most rapid. Recovery from constructional and dressing apraxia was intermediate while recovery was slowest for hemiparesis, hemianopsia and extinction.

A strong relationship has been established between visual, spatial, perceptual and motor dysfunction and the ADL performance of right hemispheric stroke patients (Campbell et al. 1991). Such perceptual impairments have been shown to adversely influence the rate of achieving independent sitting and stair climbing (Mayo et al. 1991).

#### 1.3.2 Emotional Disorders

Patients with right hemispheric lesions may speak well so that their actual abilities are often overestimated. These patients can suffer from a lack of insight into their own deficits. Difficulties generally labeled as emotionally related include indifference reaction or flat affect, impulsivity (often leading to multiple accidents) and emotional lability.

#### 1.3.3 Communication Problems

Although aphasia is commonly noted to occur with left hemispheric strokes, it may occur rarely in right hemispheric strokes. Annett (1975) demonstrated aphasia occurred after right hemispheric strokes in 30% of left-handed people and 5% of right-handed people. Moreover, patients with non-dominant hemispheric lesions often have associated communication difficulties, whereby they have difficulty in utilizing intact language skills effectively (the pragmatics of conversation). The patient may not observe turn-taking rules of conversation, may have difficulty telling, or understanding, jokes (frequently missing the punchline), comprehending ironic comments and may be less likely to appropriately initiate conversation. This can result in social dysfunction that may negatively impact on family and social support systems (Delaney and Potter 1993).

## 1.4 Left Hemisphere Disorders

The left hemisphere is specialized for learning and using language symbols. Clinical signs and symptoms include aphasia, apraxia, and arguably emotional disorders.

## 1.4.1 Aphasia

93% of the population is right-handed, with the left hemisphere being dominant for language in 99% of right-handed individuals (Delaney and Potter 1993). In left-handed individuals, 70% have language control in the left hemisphere, 15% in the right hemisphere, and 15% in both hemispheres (O'Brien and Pallet 1978). Therefore 97% of the population has language control primarily in the left hemisphere. Language function is almost exclusively the domain of the left hemisphere, except for 35% of left handers (3% of population) who use the right hemisphere for language function. A disorder of language is referred to as aphasia with expressive (Broca's) aphasia the language disorder most commonly seen with left hemispheric MCA strokes. A classification of the aphasias is provided in the Table and Figure below.

## **Characteristic Features of Aphasia**

Туре	Fluency	Comprehension	Repetition
Broca's	Nonfluent	Good	Poor
Transcortical Motor	Nonfluent	Good	Good
Wernicke's	Fluent	Poor	Poor
Transcortical Sensory	Fluent	Poor	Good
Global	Nonfluent	Poor	Poor
Conduction	Fluent	Good	Poor

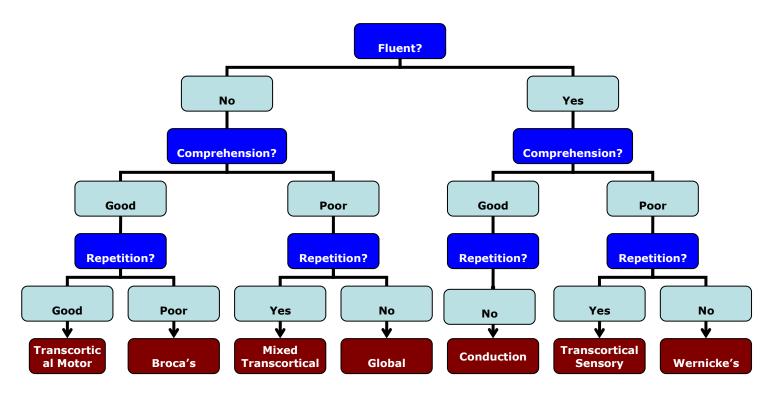


Figure. Classification of Aphasia

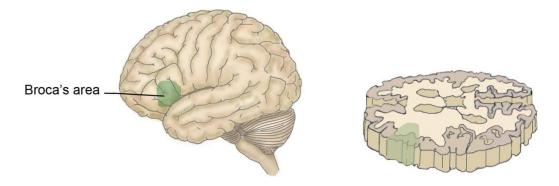
## **Paraphasias**

Incorrect substitutions of words or parts of words. These can be:

- Literal or phonemic paraphasias: similar sounds (e.g., "sound" for "found" or "fen" for "pen")
- Verbal or semantic paraphasias: word substituted for another form same semantic class (e.g., "fork" for "spoon" or "pen" for "pencil").

### **Broca's Aphasia**

This is a motor or non-fluent aphasia. Typically a stroke to the area of the posterior-inferior frontal lobe stroke leads to a Broca's aphasia which is characterized by nonfluent, effortful speech with preserved comprehension and poor repetition. Patients have problems with verbal output while the understanding of language remains intact. Patients present with nonfluent, hesitant, labored, and paraphasic speech; speaking vocabulary and confrontation naming is severely impaired. It is associated with marked paraphasias and articulatory errors and often described as telegraphic. Writing is similarly affected.



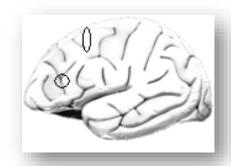
#### Figure. Anatomical Representation of the Broca's Area

#### **Anomic Aphasia**

This is essentially a mild motor or non-fluent aphasia. Patiens with an anomic aphasis with present with word-finding difficulties or mild articulatory errors (often called verbal apraxia).

## **Transcortical Motor Aphasia**

Transcorical stroke is occurs in the frontal lobe, anterior or superior to Broca's area or in the subcortical region deep to Broca's area. It may be seen as part of an anterior watershed infarct. A transcortical aphasia is characterized by nonfluent (reduced rate of speech and limited language output), good comprehension and good repetition.



## Wernicke's Aphasia

This is a sensory or fluent aphasia. It tends to be associated with strokes involving the posterior part of superior (first) temporal gyrus

stroke. Patients with a Wernicke's aphasia have problems with language input and the understanding of language. It is characterized by fluent speech but poor comprehension and poor repetition. Patiets with a Wernicke's aphasia have poor repetition and often unintelligible jargon; reading is similarly affected. More than any other aphasia it is associated with marked paraphasias and neologisms.

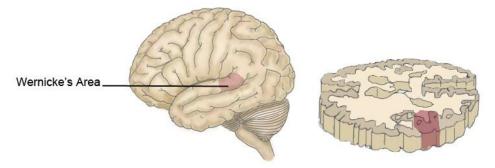


Figure. Location of Lesion Leading to Wernicke's Aphasia

#### **Transcortical Sensory Aphasia**

A transcortical sensory aphasia is seen with a watershed stroke isolating the perisylvian speech structures (Broca's and Wernicke's areas) from the posterior brain. It is characterized by fluent speech (neologisms), poor comprehension and good repetition (possibly echolalia).

## **Conduction Aphasia**

Conduction aphasia is seen with a stroke involving the parietal operculum (arcuate fasciculus) or insula or deep to the supramarginal gyrus characterized by disproportional impairment in repeating spoken language. Literal paraphasias with "targeting" of words (until getting the right one) is a characteristic feature.

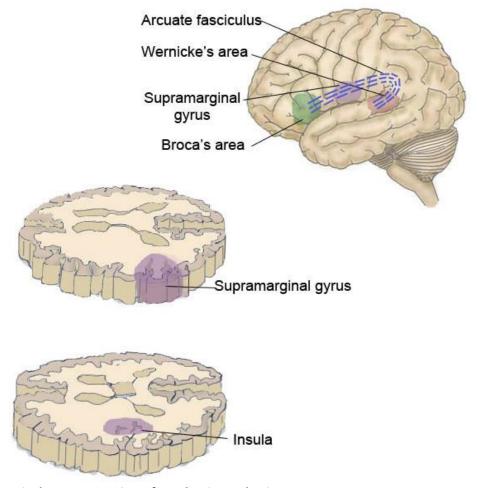
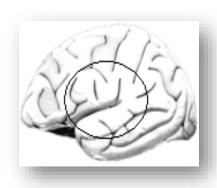


Figure. Anatomical Representation of conduction aphasia

## **Global Aphasia**

A global aphasia generally involves the entire MCA region with a moderate to severe impairment of language of all language function. Global aphasia involves both a motor and a sensory aphasia. The stroke territory is so large that there are problems with input (understanding of language) and output (verbal and writing). In severe cases there is no communication even with gestures and no speech or only stereotypical repetitive utterances. Reading and writing are also severely affected. Often they are not good rehabilitation candidates because of difficulty with understanding.





## **Paraphasias**

Incorrect substitutions of words or parts of words. These can be:

- Literal or phonemic paraphasias: similar sounds (e.g., "sound" for "found" or "fen" for "pen")
- Verbal or semantic paraphasias: word substituted for another form same semantic class (e.g., "fork" for "spoon" or "pen" for "pencil").

## 1.4.2 Apraxias

Apraxia is a disorder of voluntary movement wherein one cannot execute willed, purposeful activity despite the presence of adequate mobility, strength, sensation, co-ordination and comprehension (Adams et al. 1997). Left hemispheric stroke patients often demonstrate apraxias including general apraxias such as motor, ideomotor or ideational apraxias, as well as specific apraxias that include constructional apraxia, apraxia of speech (verbal apraxia), dressing apraxia and apraxia of gait (see Table below).

## **Classification of Apraxias**

Туре	Site of Lesion	Manifestation
Motor or	Often left hemisphere	Can automatically perform a movement but cannot carry it out on
Ideomotor		command.
Ideational	Often bilateral parietal	Can perform separate movements but cannot coordinate all steps into an integrated sequence.
Constructional	Either parietal lobe, right > left	Unable to synthesize individual spatial elements into a whole (eg, cannot draw a picture).
Verbal	Commonly associated with Broca's aphasia	Mispronunciation with letter substitution, effortful output and impaired melody of speech.
Dressing	Either hemisphere, right > left	Inability to dress oneself despite adequate motor ability.

Gait	Frontal lobes	Difficulty initiating and maintaining a normal walking pattern when
		sensory and motor functions seem otherwise unimpaired.

## 1.5 Brain Stem (Vertebral Basilar/Posterior Circulation) Strokes

#### 1.5.1 Clinical Syndromes

A stroke in the posterior vascular distribution can produce very diverse manifestations because the vertebral basilar artery system provides the vascular supply to the occipital and medial temporal lobes, brainstem and cerebellum (Kiernan 1998, Scremin 2004). Clinical signs and symptoms are listed in the Table below. In contrast to the major cognitive or language disorders seen with hemispheric strokes, brainstem strokes in isolation tends to spare cognitive and language functions.

#### **Clinical Features of Vertebrobasilar Artery Disorders**

System	Signs and Symptoms	
Cranial Nerves	s Bilateral visual and cranial nerve problems	
	Vertigo	
	Dysarthria / Dysphagia	
	Diplopia	
	Facial numbness or paresthesia	
Motor	Hemiparesis or quadriparesis	
	Ataxia	
Sensory	Hemi- or bilateral sensory loss	
Other	Drop attacks	

Intact cognitive abilities are important in later regaining functional abilities which are lost as a consequence of the stroke (Feigenson et al. 1977). Memory loss can be associated with medial temporal and thalamic damage and selective visual-perceptual disorders such as object or face agnosia (inability to recognize objects or faces) and pure alexia (reading difficulty with otherwise intact language) can be associated with medial temporal love and occipital damage with a posterior cerebral artery stroke which does not involve the brainstem but is part of the posterior cerebral circulation. Brainstem strokes are categorized into a variety of well-defined syndromes depending on the vascular territory involved. These syndromes are listed in the Table below.

Specific impairments resulting from brainstem syndromes include the involvement of ipsilateral cranial nerves (diplopia, dysarthria and dysphagia), pyramidal tracts (hemiparesis), sensory tracts (hemi-sensory deficits) and cerebellar tracts (ipsilateral ataxia and incoordination). Dysarthria is characterized by unclear speech of various types including slurred, scanning, spastic, monotonous, lisping, nasal, or expulsive speech (Pryse-Philips and Murray 1978). Dysphagia is simply defined as difficulty with swallowing. The management of brainstem strokes with dysphagia often requires the use of prolonged feeding by an alternate route.

## **Classic Brainstem Syndromes**

Lesion	Syndrome	Clinical Picture
Location		
Lateral medulla (PICA and/or VA) Medial medulla	Wallenburg's	Vertigo Nausea and vomiting Sensory loss of ipsilateral face and contralateral limb Ipsilateral limbs ataxia Rotatory or horizontal gaze nystagmus Hoarseness and dysphonia Dysphagia and dysarthria Ipsilateral Horner's syndrome Contralateral limb paralysis (facial sparing) Contralateral decrease in position and vibration sense Ipsilateral tongue paralysis
Medulla	Jackson's	Hoarseness and dysphonia Weakness of trapezius and sternocleidomastoic muscles
Lower pons	Millard-Gubler	Alternating or crossed hemiparesis Unilateral UMN facial palsy Contralateral limb paralysis with no contralateral facial palsy
Lower pons	Fouille's	Crossed (alternating hemiparesis) Ipsilateral lateral gaze palsy
Lower pons	Raymond's	Abducens nerve palsy Contralateral hemiparesis
Superior colliculus	Parinaud's	Paralysis of upward conjugate convergence and frequently of downward gaze
Cerebellum	Cerebellum	Unilateral limb ataxia and truncal ataxia Vertigo Headache Occasionally patient may become comatose
Midbrain	Weber's	Contralateral hemiparesis Ipsilateral oculomotor paralysis with dilated pupil, lateral gaze only, ptosis
Midbrain	Benedict's or Claude's	Contralateral hemiparesis Tremor in paretic limbs on voluntary movement/limb ataxia Frequently contralateral sensory loss Ipsilateral oculomotor paralysis

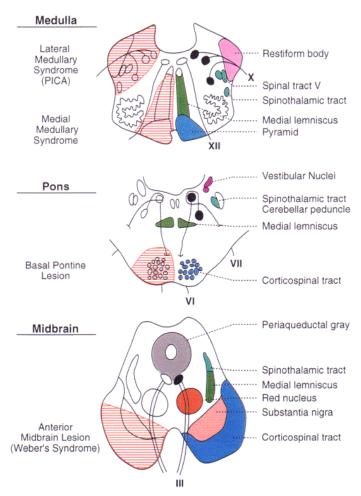


Figure. Brainstem Anatomy and Involvement of Selected Stroke Syndromes

#### 1.5.2 Pontine Infarct

#### Contralateral

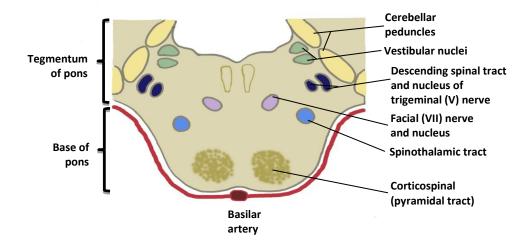
- Spastic hemiplegia (corticospinal tract)
- Hemisensory loss (limbs and trunk) (spinothalamic tract)

#### **Ipsilateral**

- · Ataxia (cerebellar peduncles)
- Facial weakness (CN VII facial nerve)
- Facial sensory loss (CN V trigeminal nerve)
- Hearing loss (VN VIII acoustic nerve)
- Vertigo
- Lateral gaze palsy

#### **Others**

Dysphagia



## **Anatomy of Pons (Cross-section)**

## 1.5.3 Posterior Inferior Cerebellar Artery (PICA)

The PICA originates from the vertebral arteries about 1 cm below the junction of the two vertebral arteries where they form the basilar artery. Each PICA courses around the lateral surface of the medulla and then loops back to supply portions of the cerebellum. It supplies a wedge of the lateral medulla and the inferior aspect of the cerebellum. Occlusion of the PICA results in a lateral medullary or Wallenburg's syndrome (see below and previous Table).

#### **Lateral Medullary Syndrome**

The Lateral Medullary Syndrom is associated with occlusion of vertebral arteries or posterior inferior cerebellar artery (PICA).

Clinical features of Lateral Medullary Syndrome (Wallenberg's Syndrome) include:

#### **Ipsilateral**

- Horner's syndrome (ptosis, anhydrosis, and miosis)
- Decrease in pain and temperature ipsilateral face
- Cerebellar signs such as ataxia

#### Contralateral

- Decreased pain and temperature contralateral body
- Dysphagia, dysarthria, hoarseness and paralysis of vocal cord
- · Vertigo, nausea and vomiting
- Hiccups
- Nystagmus, diplopia

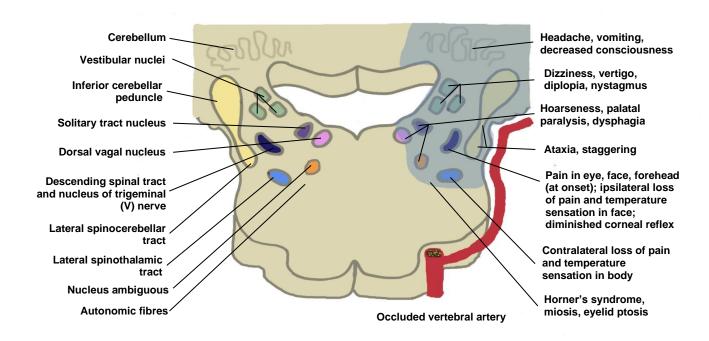


Figure. Intracranial Occlusion of Vertebral Artery Posterio-lateral medullary infarction (shaded area) and clinical manifestations.

## **Medial Medullary Syndrome**

The medial medullary syndrome is associated with occlusion of penetrating arteries.

Clinical features of Medial Medullary Syndrome include:

## **Ipsilateral**

• Hypoglossal palsy (deviation toward the side of the lesion)

#### Contralateral

- Hemiparesis
- Lemniscal sensory loss (proprioception and position sense)

### **Cerebellar Stroke**

Clinical features of a cerebellar stroke include:

- Ataxia
- Dyssynergia impaired coordination of muscles involved in a single movement
- Dysmetria impaired measure and extend as well as speed of intended movement
- Intention tremor

- Dysdiadokinesis abrupt and jerky movements on alternating movements of agonist and antagonists
- Nystagmus
- · Cerebellar (scanning and explosive) dysarthria

### 1.5.4 Basilar Artery

The basilar artery is formed at the junction of the medulla with the pons by the merger of the two vertebral arteries. There are 3 major branches of the basilar artery: the anterior inferior cerebellar artery, the superior cerebellar artery and the internal auditory or labyrinthine artery. These are known as the long circumferential arteries. There are also short circumferential arteries as well as small penetrating arteries that supply the pons and paramedian regions. Occlusion of these vessels may result in a variety of signs and symptoms. (see Table below).

#### **Clinical Features of Basilar Artery Ischemia**

System	Signs and Symptoms	
Sensorium	Alterations of consciousness	
Cranial Nerves	Pupil abnormalities	
	III, IV and VI with dysconjugate gaze	
	Horner's syndrome	
	V with ipsilateral facial hypoalgesia	
	Nystagmus	
	VII with unilateral LMN facial paralysis	
	Caloric and oculocephalic reflexes	
	Vertigo	
	IX and X with dysphagia, dysarthria	
Motor	Quadriplegia or contralateral hemiplegia	
Sensory	Contralateral limb hypoalgesia	
Cerebellum	Ipsilateral or bilateral cerebellar abnormalities	
Respiratory	Respiratory irregularities	
Cardiac	Cardiac arrhythmias and erratic blood pressure	

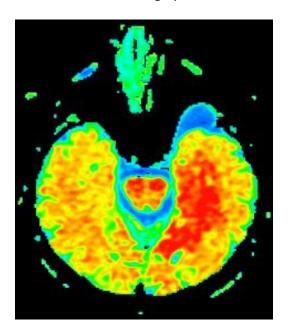
## 1.5.5 Posterior Cerebral Artery (PCA)

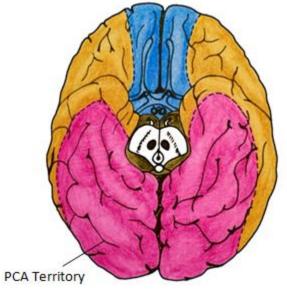
Although the posterior cerebral arteries primarily supply the occipital cerebral hemispheres they usually arise from the posterior circulation. The posterior cerebral arteries arise as terminal branches of the basilar artery in 70% of individuals, from one basilar and the opposite carotid in 20-25% and directly from the carotid circulation in 5-10%. Both PCAs receive a posterior communicating vessel from the internal carotid artery and then arch posteriorly around the cerebral peduncles to the tentorial surface of the cerebrum. They supply the inferolateral and medial surfaces of the temporal lobe, the lateral and medial surfaces of the occipital lobe and the upper brainstem. Included in this area is the midbrain, visual cortex,

cerebral peduncles, thalamus and splenium of the corpus callosum. Occlusion of the PCA or any of its branches may produce a wide variety of syndromes (see Table below).

Patients with PCA infarctions present with:

- · Homonymous hemianopsia
- Memory loss
- Hemisensory loss
- Alexia without agraphia





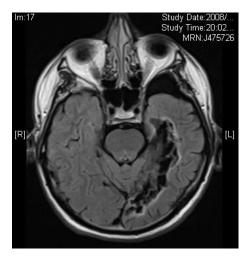


Figure. Anatomical Representation of Posterior Cerebral Artery Lesion and Supply

## **Syndromes of PCA Occlusions**

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Thalamoperforate Branch	Involuntary movement disorders	
Occlusion	Hemiataxia	
	Intention tremor	
	Weber's syndrome: Ipsilateral oculomotor palsy with contralateral hemiparesis	
	Claude's or Benedict's syndrome: Ipsilateral oculomotor palsy with contralateral	
	cerebellar ataxia	
Thalamogeniculate Branch	Contralateral sensory loss	
Occlusion (Thalamic	Transient contralateral hemiparesis	
Syndrome)	Contralateral mild involuntary movements	
	Intense, persistent, burning pain	
<b>Cortical Branch Occlusion</b>	Contralateral homonymous hemianopsia	
	Dominant hemisphere – alexia, memory impairment or anomia, especially for	
	naming colors	
	Non-dominant hemisphere –topographic disorientation (usually due to parietal	
	damage)	
	Prosopagnosia (failure to recognize faces)	
Bilateral PCA Occlusions	Visual agnosia or cortical blindness (intact pupillary reflexes)	
	Severe memory loss	

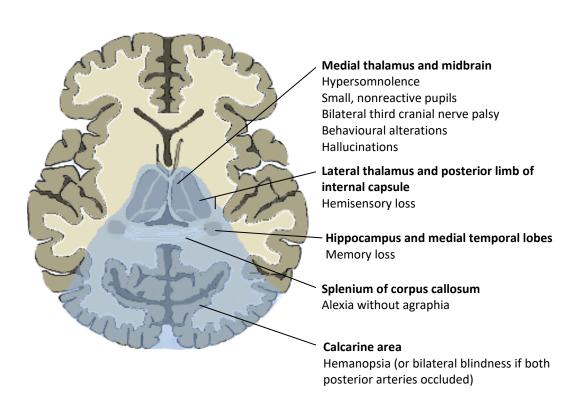


Figure. Anatomy of PCA Infarction

## 1.6 Lacunar Infarcts

Short penetrating arteries that are end arteries with no anastomotic connections supply the medial and basal portions of the brain and brainstem. These small arteries arise directly from large arteries causing the gradation between arterial and capillary pressure to occur over a relatively short distance and exposing these small arteries to high arterial pressures. Occlusion of small penetrating arteries (50 to 500 u in diameter) may lead to small cerebral infarcts (usually < 10 12 mm) in the deep subcortical regions of the brain (Adams et al. 1997). They are associated with hypertension. Marked hypertrophy of the subintimal hyaline (lipohyalinosis) occurs with eventual obliteration of the vascular lumen.

On healing after infarction a small cavity or "lacune" forms. Most lacunar infarcts occur within the deep grey nuclei and some may involve multiple sites. The onset of a focal deficit may occur suddenly or progress over several hours. Similarly, both the time frame and extent of recovery in these patients is variable. Lacunar infarcts are often mistaken for a thromboembolic TIA. CT scan may show a small, deep infarct; however, many are too small to be seen without MRI. Smaller lacunar infarcts may be asymptomatic. Fischer (1982) has described 21 lacunar syndromes. The four most common lacunar syndromes are shown in the Table below.

#### **Sites of Lacunar Infarcts**

Lacunar Lesions	%
Lenticular nuclei (especially putamen)	65
Pons	39
Thalamus	32
Internal capsule (posterior limb) and corona radiate	27
Caudate	24
Frontal white matter	17

#### **Common Lacunar Syndromes**

Syndrome Manifestation	Lesion Site	Clinical
Pure motor hemiparesis	Posterior limb of internal capsule Lower pons (basis pontis)	Contralateral weakness of face, arm and leg No sensory involvement
Pure sensory stroke	Sensory nucleus of the thalamus	Sensory signs and/or symptoms involving contralateral half of the body
Dysarthria – clumsy hand	Upper pons (basis pontis)	Dysarthria and dysphagia Weakness of one side of the face and tongue Clumsiness and mild weakness of the hand
Ataxic hemiparesis	Upper pons (basis pontis)	Hemiparesis and limb ataxia on the same side

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